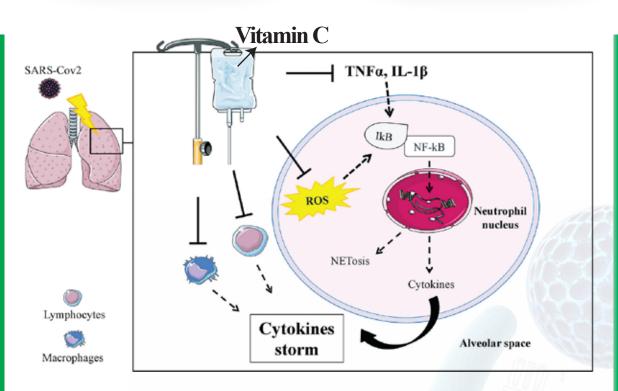


Ascorbic Acid...

Increased oxidative stress is a major insult in pulmonary injury including acute lung injury (ALI) and acute respiratory distress syndrome (ARDS)

Early use of large dose antioxidants, such as vitamin C may become an effective treatment for these patients of Covid 19¹ Vitamin C reduces the release of proinflammatory cytokines which might play a role in mitigating cytokine storm in SARS-CoV-2 infection which leads to reduction of inflammatory-induced tissue damage³



Schematic mechanism in which an IA of vitamin C could modulate specific functions of neutrophils (ROS and TNFa, IL-1b mediated), inhibiting pathways involved in the Neutrophil Extracellular Trap formation (NETosis) and reducing the uncontrollable inflammatory cytokine production in the alveolar space. Potential effects on reducing cytokine production have also been speculated in lymphocytes and macrophages. ROS, reactive oxygen species; NFkB, nuclear transcription factor kappa B; , inhibition stimulus; dashed arrow, reduced effect or production².

Ref.

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 Prevention of the Common Cold to Potential Aid in the Treatment of COVID-19. Front. Immunol. 11:574029. doi: 10.3389/fimmu.2020.574029
- 3. Overview of the possible role of vitamin C in management of COVID-19 Anis Abobaker · Aboubaker Alzwi · Alsalheen Hamed A. Alraied Pharmacological Reports. https://doi.org/10.1007/s43440-020-00176-1
- 4. Institute NC. High-dose vitamin C (PDQ®)—Health professional version. National Cancer Institute. 2020 Feb 9

NGVITA

(Ascorbic Acid 1.5gm Injection)

The possible beneficial effects of vitamin C in management of COVID-19³

Indirect antiviral effect Improves the host innate immunological response against viral infections





Immunomodulatory effect Improves T-cells function and increases production of immunoglobulins, which could ameliorate the lymphopenic effect of SARS-CoV-2 infection



Anti-inflammatory effect Decreases risk of development of cytokine storm



Critically-ill patients

- *Decreases duration of mechanical ventilation
- *shortens ICU stay
- *Decreases vasopressor requirements

Antioxidant effect

*Decreases oxidative stress induced-lung inflammation and injury *restores endothelial function which decrease risk of SARS-Cov-2 Induced- endothelial dysfunction and its negative consequences.



High-dose IV vitamin C: 2-10 g per day, given over 8-10-h IV infusion

NIH expert panel document states that High dose Vitamin C is safe and without major adverse events4

Crucial Micronutrient in Supportive Treatment

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